



October 2024.

1st Edition



PVA PYTHONS NEWSLETTER

Introduction

WELCOME

As we kick off a new school year, we're excited to share the latest updates, upcoming events, and ways to get involved with PVA. This newsletter will keep you connected, whether you're a new or returning student, and help you make a positive impact in our school. The Newsletter will be published on the 1st week of each month.

Inside, you'll find recent initiatives, highlights from our events and field trips, and opportunities to volunteer and enrich student life. Let's work together to make this year one of growth, support, and success!

In this edition, we're also featuring the great work happening in our school's clubs and activities. From arts to academics to sports, these groups offer students a chance to explore their interests, build friendships, and grow. PVA is here to support them through our volunteer efforts.

Thank you for your dedication to our school community. Let's make this year unforgettable!

Warm regards,

PVA Newsletter Team

Important Dates

- 10/16 - Fairmount Waterworks Trip (6th-8th)
- 10/17 - STEP Team Social Hours(9th-12th)
- 10/24 - STEP Team/WOW Teen Talk(9th-12th)
- 11/01 - Halloween Movie Day(9th-12th)

Reminders

- Don't forget to login to your Genius dashboard every school day
- SAT's 10/24, PSAT's- 10/29
- PSAT's for grades 8/9 - 10/31





CLUB ARTICLES

Art Club

Attending the art club is a very interesting experience. From the hours of 2:30 and 3:30 on every Friday, art club is in session.

It's such a good way to showcase your talent(s) to everyone, no matter what median you take interest in. Not sure what a median is? It's a style of art, whether it be drawing digitally or traditionally, doing photography, painting on canvases, even poems can be art. It's all about being creative and using your imagination. The art club is hosted by Ms Fries on Fridays. It's such a fun experience with everyone chatting, sharing drawings, presenting art. It's a very fun thing to be apart of and be associated with, every attendee is so kind to one another.

Running Club

As I'm pretty sure you have gotten emails, and reminders about running club!

Running club is from 3pm to 4pm. If you signed up you would have seen the slide where it asks you what days are you available. Most club meets are on Tuesdays, and Thursdays! This is a link to sign up if you're interested!

If you decide to sign up, make sure to come with comfortable clothes you want to wear, and run in! All of this takes place at Temple STAR track, 1816 N 15th St. Philadelphia PA 19121.
contact :
Dlayman@philasd.org



INFO ARTICLES

Mental Wellness

- **World Mental Health Day was October 10th**
- **IN honor of World Mental Health Day, we invite you and all to find 30-minute dedicated to your mental health awareness and action. Mental health affects us all,**
- **Prioritize Your Mental Health: Simple strategies to take care of your own mental wellbeing.**
- **Break the Stigma: How we can create more open conversations around mental health.**
- **Support Others: Learn ways to be a source of support for colleagues, friends, and family**

Hello, my name is Ace. I think mental health is kinda a big thing everyone overlooks.

I am passionate about bringing awareness to mental health struggles and remind you that it is okay to not be okay and its also okay to ask for help!

**STEP Is partnering with Bethanna to hold a in person Teen WOW talk for grades 8-12 on October 24th @ 12pm (food and prizes provided)
[sign up here](#)**

Social Hour

High Social hour is a school event that STEP holds to gather, relax, and interact with each other outside of regular academic activities. Its a time for socializing, building friendships and sometimes participate in organized activities or clubs.It helps students take a break from their studies and enjoy some leisure time with their peers.

We shall be having our next Social hour this Wednesday 10/17 @1pm at ferguson rm 315

(food provided)

[Sign up here](#)



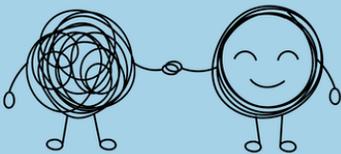
EVENT POSTERS

A STRENGTHENING FAMILIES EVENT
You're invited to APM's CUA 2 and Bethanna CUA 8
Teen WOW-Talk

THE POWER OF EMPATHY: LISTENING TO UNDERSTAND



CONCRETE SUPPORT SOCIAL CONNECTIONS



October 24, 2024
Ferguson Elementary School
2000 N. 7th St. Philadelphia, PA 19122

Bethanna
Columbia University Agency

For more information please contact:
tgladen@bethanna.org yaneirle.rondon@apmphila.org



Did you know, you drink river water?

- A little history
- Water quality testing
- Using microscopes to view the creatures living in our water supply!

Wednesday, 10/16/2024

FAIRMOUNT WATER WORKS



<https://forms.gle/1nknn8DBE7Gh1cHKA>

S.T.E.P. PRESENTS:
**High School
Social Hour**

Thursday October 17, 2024
1:00pm-3:00pm
Ferguson Building, Rm 315
2000 N 7th Street,
Philadelphia, PA 19122

JOIN US FOR:

- Great conversations
- Fun Games
- Food

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