PVA PYTHONS STUDENT NEWSLETTER

Introduction

Happy November, PVA students! This month's edition of the PVA Pythons Newsletter is the second newsletter we've published this school year. We, the PVA Pythons Newsletter Committee, are thrilled to provide this newsletter to help students like you stay updated on events and enjoy fun, informative articles.

This month's edition includes recaps of the field trip to Fairmont WaterWorks, movie and music reviews, mental health wellness strategies, a poetry corner, and the students of the month for September and October. Additionally, there is an article about acting classes that a member of the PVA Pythons Newsletter Committee has been attending.

Whether you're a new student or a longtime member of our community, the PVA Pythons Newsletter is the best way to stay informed about upcoming events and read interesting articles.

Warm regards, The PVA Pythons Newsletter Committee

Upcoming Events

NOVEMBER 2024

- Nov 1st -First day of American Indian Heritage month
 - Nov 3rd Daylight savings
- Nov 5th Election Day (SCHOOL CLOSED), and if your eligible - GO VOTE!)
- Nov 7th HACC Dual Enrollment session (for grades 10th&11th. 11am- 1pm, Food provided) Link to signup.
- NOV 11TH VETERANS DAYS
- Nov 21st, 1pm High School Social hour(see flyer for details
- November 28th 29TH Thanksgiving Weekend
 (SCHOOL CLOSED)

Important Annoucement

2ND EDITION

Greetings PVA Community, As we approach Election Day, we recognize the array of emotions that may arise both around the outcome of the election and the subsequent response to it. Please know our school counselors are here should you want a space to process some of the emotions you

are experiencing. Additionally, we want to remind everyone of the School District of Philadelphia's Policy 248, Harassment and Discrimination-Students. The School District of Philadelphia remains a place where bullying, harassment and discrimination of students in any form will not be tolerated. PVA is a place where all students will be respected regardless of an individual's known or perceived race, ethnicity, gender, religion, sexual orientation, disability, or other protected classification. Please review <u>Policy 248 HERE</u>.

Sincerely, Administrative Staff of PVA

Poetry Corner

THE SUNSHINE YOU GIVE

The sunshine is something that people look for it starts most days it gives energy it provides light during dark times sunshine can be the new beginning or the end sunshine comes when people hope for it sunshine can be the person you miss the most the person that is no longer there the person you hope that will return maybe you experience it before I wish you the sunshine of tomorrow the one that some never got

Poem by Trinity Williams (6th grade)

Our Colors

Roses are red violets are blue Those flowers and colors is how I would describe my feelings for you The color red represents romance love passion Which yes I do share those feelings for you And you should know that from how heavy-handed I expressed them But it also represents anger and aggression Which I always have a hard time keeping deep deep in during our arguments And I think violets look more purple but let's just go with blue for rhyming purposes we'll go with blue

I've always known blue to be associated with sadness. Which I'm sure we've both felt in a lot of our situations .But hey if you bring in the purple We've also had a lot of magical moments But very rarely have I seen the color blue associated with calmness and

relaxation But that doesn't really matter anyways You always have my brain filled with

anxiousness and excitement So roses are red very pretty but prickly too violets are blue color very rare and very beautiful .That's exactly how I would describe my feelings my love for you

By Beashaun Waddell (11th grade)

Reminders

- Remember to log into your Genius Dashboard every school day
- Assignments are due every school day! Submit them to stay on pace
- Help is available, connect with your teachers in the VO (Virtual Office) for help with assignments!

🤊 🍠 Mental Health

How Daylight Saving Time Can Impact Your Learning and Mental Health

Fall Back (November): Set your clocks back one hour on Sunday, November 3rd. This gives you an extra hour of sleep and more daylight in the morning. Check Devices: Ensure all your devices, like phones, computers, and smart home devices, are set to automatically adjust. If not, remember to change them manually.

Daylight Saving Time can impact your mental health by disrupting your routine, reducing sunlight exposure, and affecting physical health. See the link below to learn more and discover strategies to avoid these pitfalls.

Daylight savings slides

Acting Classes

The arts are a very interesting thing. Whether it be enjoying theater, musicals, or television, the arts are an amazing thing to watch and experience. I found myself getting the acting bug a few years ago and now it's the thing I enjoy and look forward to every week when I attend my acting classes downtown every Saturday. It's such an

exciting and riveting experience to enjoy, learning how to act, the in's and out's of it is so much fun. It is truly something I believe is my calling, besides from doing freelance writing, it's my favourite thing to do! I'm sure if you enjoy the arts and want to pursue a career in acting, acting classes are the way to go!

Sincerely, Malia Singleton (6th)

especially when she opened for Olivia Rodrigo back in August during a show in Los Angeles for her Guts Tour.

Sincerely, Malia Singleton (6th)

Music Review

As of now, one of my favorite musical

artists is Chappell Roan. I'm sure

you've heard of her on social media

because of her trending songs and hit

album "The Rise and Fall of A Midwest Princess." My favorite song of her's is

"HOT TO GO!," a fun, energetic and

upbeat song to dance to. It even has

it's own dance. You might

know/heard her other hit song "Good Luck Babe!", a very popular and viral

song on social media. I like it because

of the story it tells, and because of the

fact it was covered by another favourite artist of mine, Sabrina

Carpenter. Chappell Roan's

popularity rose early this year,

Movie Review

BeetleJuicee, BeetleJuice The movie I wanna talk about is called **Beetle Juice Beetle Juice.** The movie is a sequel, and is mostly about a family returning to their home when strange ghostly things start happening. The part of the movie I really like is where Lydia played by Winona Ryder and Beetlejuice played by Michael Keaton sing about saying his name 3 times. I give it 5 stars! I mostly like it because it reminds me of this other Tim Burton movie "The Nightmare Before Christmas"! By Ryelle Stewart (6th grade)

Water Works - MS Field trip Report

On Wednesday, October 16th, we went on a middle school trip to the Fairmount Waterworks. The reason we went there was to learn more about Philadelphia's water, how it is distributed, and how it is cleaned. We discovered and learnt how they cleaned the water that Philadelphia used over 100 years ago.

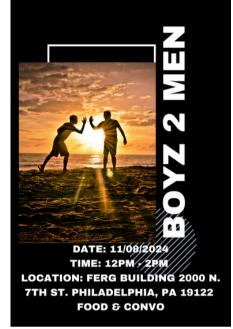
We learned that the Fairmount Waterworks in Philadelphia, Pennsylvania, was built between 1812 and 1815. We also took water samples and tested the water

using microscopes to observe its properties. We saw living microbes, and I couldn't believe that they were in the water!

Additionally, we observed some scientists growing mussels. Mussels filter the water and keep it clean, making them very important. I highly recommend visiting the Waterworks!



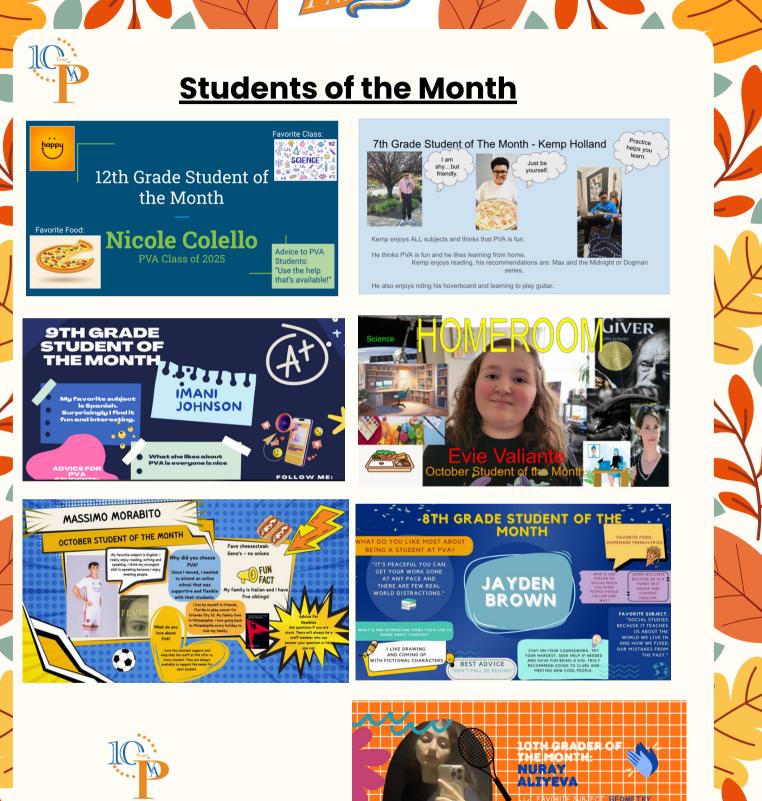
By Khalil Williams 6th grade



Join Mr. Simmons and Mr.Ardrey for a lively Young Men Discussion Group on November 8th from 12–2! We'll dive into the challenges and triumphs of life, love, and the unique issues young men face today. Enjoy delicious pizza while engaging in open, honest conversations with peers. This is a great opportunity to share experiences, gain insights, and build connections in a supportive environment. Don't miss out on the chance to connect and grow together! LINK to signup

Other Events





Editor of the Month : Malia Singleton Contributions made by : Beashaun Waddell , Amiya James , Ryelle Stewart , Nyshayah Anderson , Kahlil Williams , Trinity Williams

